



FOR IMMEDIATE RELEASE:  
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Contact: Tina Parker  
214-953-2258/tina@kitchendogtheater.org

**Kitchen Dog Theater presents 2<sup>nd</sup> Professional Production of  
SHAPE written and directed by Kara-Lynn Vaeni  
February 8 – 25, 2024  
at D-Town CrossFit, in the Design District**

*An action-packed feminist comedy that offers a funny and forthright look into fitness, body image, and how we define strength.*

**Dallas** –Kitchen Dog Theater continues its “out of the box” season of theater with the **second-ever professional production of *Shape*, written and directed by** Southern Methodist University Assistant Professor **Kara-Lynn Vaeni**. This action-packed feminist comedy offers a funny and forthright look into fitness, body image, and how we define strength. For this production, the audience will be ‘getting back in the gym’ both literally and figuratively and hopefully, as *Itaca.com* stated in its glowing review, “by show’s end, want(ing) to get back out there, hiking and biking and even swinging a few kettlebells.”

KDT has assembled a great team for the production. The 3-person ensemble features local luminaries **Cara Statham Serber** (Puppy), **Ian Ferguson** (Actor Three- Multiple Roles), and **Shyama Nithiananda** (Actor Two- Multiple Roles). The production team features KDT Co-Artistic Director **Tina Parker** (Costume and Prop Design) alongside **Mikaela Brooks** (Assistant Director/Stage Manager) and **Mason York** (Sound Design).

**The Playwright/Director: Kara-Lynn Vaeni** is thrilled that her play *Shape*, which takes place in a gym in Texas, has found a home with Kitchen Dog Theatre in a gym in Texas! *Shape* was produced at Kitchen Theatre Company in Ithaca, NY in 2021 and appeared on the prestigious Kilroy’s List. Kara is delighted to bring *Shape* to Dallas so that all the people she based the characters on can finally see it! Recent credits include the premiere of David Rabe’s *He’s Born, He’s Borne* at the Undermain Theatre in Dallas, *Witch* at Stage West, *The Pleasure Trials* at Amphibian, and *Dance Nation* and *An Octoroon*, both at SMU. Coming up next: *POTUS* at Stage West in April and *The Persians* at Undermain in April.

She is on the Acting and Directing faculties of the Yale Summer Conservatory and is an Assistant Professor of Acting at Southern Methodist University. She is a Level 2 Intimacy Director, certified Consent Forward Artist, and a proud member of the Society of Directors and Choreographers. <https://www.karalynnvaeni.com>



**Kitchen Dog Theater facts at your fingertips:**

**Production:** *Shape* written and directed by Kara-Lynn Vaeni  
*\*2<sup>nd</sup> Ever Production - Regional Premiere\**

**Performance Dates & Times: February 8 - 25, 2024**

Preview: Thursday, February 8, 2024, at 8:00pm

Opening: Friday, February 9, 2024, at 8:00pm

Closing: Sunday, February 25, 2024, at 2:00pm

Unless otherwise stated, performances will occur weekly as follows:  
All Thursdays – Saturdays at 8pm and Sundays at 2pm

**Location:** D-Town CrossFit  
155 Parkhouse  
Dallas, TX 75207

**Ticket Prices:** Adults: \$30  
KERA/KXT, NNPN, TCG members, Students & Seniors (65+): \$25

Admit: ALL Free Ticket Program: 10 Free Tickets will be available to all who would otherwise be unable to attend, on a first-come, first-serve basis in person at the box office, 30 minutes before EVERY performance of SHAPE.

Full Program Details Here: [Admit:ALL — KITCHEN DOG THEATER](#)

For more information specific to this unique performance, please visit [kitchendogtheater.org](http://kitchendogtheater.org) or call **214-953-1055**.

*Please Note: This performance contains adult language. Seating in this venue will be limited.*

Kitchen Dog Theater is supported, in part, by, City of Dallas Office of Arts and Culture, Karve Media & Creative Services, Moody Fund for the Arts, National Endowment for the Arts, The Shubert Foundation, SullivanPerkins, TACA, Texas Commission on the Arts, Texas Instruments Foundation., Texas Travel Industry Recovery Program, and individual donors.

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